

# **PedIBD Course**

## **Course Title: Paediatric Inflammatory Bowel Disease (PedIBD) Course**

- **Wednesday, 14 May 2025**
- **08:00-17:00**

**The IBD course is designed for colleagues who want an update in the latest IBD developments.**

**It is run by the PORTO IBD group of ESPGHAN, and speakers include members of the PORTO group, the interest group, young ESPGHAN members, local faculty from the hosting country and relevant others.**

**The topics include a mixture of revision of important IBD principles plus the latest developments and integration of guidelines and other sentinel PIBD studies into clinical care.**

**The course is often supplemented by specific case studies where relevant clinical cases are discussed in the context of the latest guidelines or recommendations.**

**The course is highly popular and has “sold out” in previous years, with delegates continuing to give very good general feedback. And we continue to modify the course content based on feedback and in parallel with other IBD education activities undertaken by the ESPGHAN Porto group.**

## **Choosing Treatment Targets and Biologics in CD and UC**

**Delve into the complexities of selecting treatment targets in clinical and research settings.**

Explore the use of biologics for induction in Crohn's Disease (CD) and their potential role in replacing steroids in Ulcerative Colitis (UC). Understand the basics and semantics of dietary therapy in paediatric IBD.

## **Advanced Topics in Paediatric IBD**

Investigate the diagnosis and treatment of Irritable Bowel Syndrome (IBS) in paediatric IBD patients. Gain insights into a gastroenterologist's approach to treating extraintestinal manifestations of IBD. Explore strategies for transitioning from intravenous (IV) biologics to subcutaneous (SC) alternatives. Learn about point-of-care testing in IBD, its availability, and optimal usage.

## **In-Depth Exploration of Paediatric IBD**

Examine the practical application of gene discovery in the Paediatric IBD clinic. Analyse the relationship between Eosinophilic Esophagitis (Eo) and IBD, considering implications for clinical care. Understand the impact of renal disease in IBD and what clinicians need to know.

## **Interactive Cases Session: Optimisation of IBD Treatment**

Illustrative cases demonstrating evidence-based optimisation of IBD treatment. Logical progression of treatment in Ulcerative Colitis (UC) through real-world cases. Exploration of common and uncommon case scenarios in Crohn's Disease (CD)

## **Who is this course for?**

Healthcare professionals involved in the care of paediatric patients with Inflammatory Bowel Disease, including paediatric gastroenterologists, nurses, dietitians, and researchers.